

LUNCH

HOMEMADE SOUPS

SMALL (12 oz) \$2.95 • MEDIUM (16 oz) \$4.95 • LARGE (20 oz) \$5.95

SOUP SPECIALS

½ SANDWICH & SOUP \$6.95

*Served w/coleslaw & pickles

~ or ~

SMALL GARDEN SALAD & SOUP OF THE DAY \$6.95

When we say "homemade..." We really mean homemade!

FRESH SALADS

Garden Salad Romaine, tomatoes, roasted peppers, onions \$6.50

Topped w/scoop of tuna or chicken \$8.95

Topped w/grilled chicken breast \$8.95

Chef Salad Turkey, swiss, ham & roasted peppers \$7.95

Topped w/grilled chicken breast \$9.95

Greek Salad \$7.95

Topped w/grilled chicken breast \$9.95

Caesar Salad \$7.95

Topped w/grilled chicken breast \$9.95

Italian Salad Chopped Genoa and Provolone over romaine \$7.95

Spinach Salad Baby spinach leaves, mixed with roasted peppers, chopped bacon, mushrooms, tomatoes & hard boiled eggs \$7.95

SALAD DRESSINGS: Honey Mustard • Balsamic Vinaigrette
Creamy Ranch Thousand Island • Bleu Cheese • Oil • Vinegar

SALAD PLATTERS

Generous "Scoop" of your favorite salad

Served with a side of Garden Salad, Pickles & Melba Toast

Egg Salad \$6.95

White Meat Tuna \$7.95

Low-Fat Veggie Tuna \$7.95

Chicken Salad \$7.95

White Fish \$7.95

"Homemade" Shrimp Salad \$8.95

SALAD SANDWICHES

Tuna salad (White Meat) \$6.50

Low-Fat Veggie Tuna (1/2 the calories) \$6.50

Chicken Salad (Best Around) \$6.50

Egg Salad (Fresh Daily) \$5.95

White Fish Salad (Top Quality) \$6.95

Shrimp Salad (Homemade) \$7.95

Served with Pickles & Chips (Lettuce or Tomatoes each \$.50 extra)

FROM THE GRILL

Grilled Cheese \$4.95

W/Tomato, Ham or Bacon \$5.95

Veggie Burger \$6.50

BLT (Boar's Head Bacon) \$5.95

Chicken Tenders Deluxe \$7.50

Tuna Melt (On toasted english muffin) \$6.95

Turkey Burger w/sautéed Onions \$7.95

*All above served with pickles and chips

WRAP IT UP!

Your favorite fillings rolled in a fresh baked soft tortilla bread.

BLT \$5.95

Grilled Chicken w/ Honey Mustard \$8.95

Grilled Chicken Caesar Wrap \$8.95

Roast Beef \$8.95

White Meat Tuna \$7.95

Roasted Turkey (Homemade) \$8.95

Grilled Veggies (zucchini, eggplant, mushrooms, tomatoes) \$7.95

Shrimp Salad (Homemade) \$8.95

Chicken Fajita (Sautéed chicken, peppers, & onions w/ mild spicy seasonings) \$8.95

*All Wraps come with lettuce & tomatoes inside, and pickle.

GRILLED PANINI

Served on crispy Ciabatta bread with herb roasted plum tomatoes, fresh mozzarella and homemade pesto sauce

Grilled Chicken Breast \$7.95

Homemade Roasted Turkey Breast \$7.95

Roast Beef and Caramelized Onions \$7.95

Grilled Veggies \$7.95

Fresh Mozzarella and Roasted Tomatoes \$6.95

Plus Much, Much More! Decisions, Decisions!

BURGERS

All our Burgers are Char-Grilled for added flavor

Beef Burger Lettuce, tomato, coleslaw, pickle \$6.50

Cheeseburger Lettuce, tomato, coleslaw, pickle \$6.95

Beef Burger Deluxe Lettuce, tomato, coleslaw, pickle, & fries \$7.95

Cheeseburger Deluxe Lettuce, tomato, coleslaw, pickle, & fries \$8.45

Mushroom & Onions Burger Deluxe \$8.95

Bacon Cheddar Burger Deluxe \$8.95

Turkey Burger \$7.95

Fresh ground turkey topped w/sautéed onions, lettuce & tomato

Veggie Burger \$6.50

Garden burger brand with lettuce, tomatoes, pickles

*with French-fries add \$2.00

MEAT SANDWICHES

Your choice of White, Whole Wheat or Whole Grain bread

Roasted Turkey Breast (homemade) \$7.95

"Hot" Pastrami (on Bakery Rye) \$7.95

Roast Beef (Boar's Head) \$7.95

Genoa Salami and Provolone \$6.95

Ham (Boar's Head) & Cheese \$6.95

Chicken Cutlet Hero (lettuce, tomato, mozzarella, roasted peppers, balsamic dressing on semolina bread) \$8.95

*All Sandwiches served with pickles and chips

(lettuce and tomato each .50 extra)

SIDES/EXTRAS

French Fries or Home Fries \$2.95

Sweet Potato Fries \$3.95

Lettuce & Tomatoes \$2.00

Sausage or Ham (1 Slice) \$1.00

Bacon (3-strips) \$2.00

Cole Slaw \$ by the lb.

American Cheese (1 Slice) \$0.50

Cheddar or Swiss (1 Slice) \$1.00

Toast \$1.50

Fine Baked Goods for 47 Years



SUGAR BUN

New York Bake Shop

CAFÉ MENU

*ask for our catering menu

Serving Breakfast & Lunch

Open at 6 a.m. • Comfortable seating in our café

Breakfast served ALL DAY. • Open 7 days a week

Catering Breakfast & Lunch

Local Delivery

Monday - Friday 8:30 AM - 2:00 PM

WALKING DELIVERY \$10 MINIMUM

DRIVER DELIVERY \$15 MINIMUM

Order ahead for quick and easy pick up

WE ARE FAMOUS!

WRITTEN UP IN THE NEW YORK TIMES

Food Section - February 2008

WRITTEN UP NY DAILY NEWS

January 2010

WRITTEN UP TIME OUT MAGAZINE

June 2011

VISIT OUR WEBSITE

www.sugarbunbakeshop.com

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Howard Beach, NY 11414

Phone: (718) 843-9233

Fax: (718) 848-4797

BREAKFAST

BAGELS

95¢ BAGELS - \$1.25 FLATS - 95¢ BIALYS

Sesame • Whole Wheat • Poppy • Raisin Cinnamon
Everything • Onion • Garlic • Salt

Baker's Dozen	\$11.40
Mix 13 of any bagels: Bialys, Onion, Kaiser, Rolls, Twist Egg Rolls	
Bagel w/Butter	\$1.50
Bagel w/Butter & Jelly	\$1.75
Bagel w/Cream Cheese	\$2.25
Bagel w/Cream Cheese & Jelly	\$2.50
Bagel w/Cream Cheese & Bacon	\$3.25
Bagel w/Peanut Butter & Jelly	\$2.95
Flats w/Butter & Jelly	\$2.25
Flats w/Cream Cheese	\$2.75
Flats w/Cream Cheese & Jelly	\$3.00

CREAM CHEESES

Plain on Bagel/Roll	\$2.25
Vegetable	\$2.75
Scallion	\$2.75
Walnut Raisin	\$2.75
(Flat 50¢ Extra)	

"HOT" OATMEAL

Nutritious Whole Grain Oats	
Small	\$2.95
Large	\$3.95
Add-ons: Cinnamon Sugar (No Charge)	
Add 1 Topping ... \$1.00 Add'l	
Add 2 Toppings .. \$1.50 Add'l	
BLUEBERRIES • BANANAS • STRAWBERRIES • RAISINS	

MUFFINS

ALL FRESH BAKED ON PREMISES

Corn toasted w/butter	\$2.25
Bran toasted w/butter	\$2.25
Marble cream cheese	\$2.50
Blueberry (Very popular)	\$2.50
Chocolate Spice	\$2.50
Pistachio	\$2.75

OTHER BREAD STUFF

KAISER ROLLS • TWIST EGG ROLLS • ONION ROLLS • ONION BUNS
CROISSANTS • ENGLISH MUFFINS • TEA BISCUITS/SCONES • BIALYS

DANISH/BUNS/DONUTS

Tea Biscuit/Scone	\$2.50
Cheese Danish (Customers rate it #1)	\$2.75
Apple Turnover (Adam and Eves favorite)	\$2.75
Chocolate Pastry Stick (Light and Tasty)	\$2.75
Cinnamon Bun (The best around)	\$2.75
Jelly Donut (Filled with love)	\$1.50
Boston Cream Donut	\$2.00

OTHER SWEET TREATS

Fudge Brownie (Best in town)	\$2.75
Linzer Tarts (oozing with Jam)	\$2.75
Black and White Cookie	\$2.75
Chinese Almond Cookie	\$2.75

EGGS

SCRAMBLED • FRIED • OVER-EASY

2 eggs on a plate with toast	\$2.75
w/potatoes	\$4.75
w/potatoes, toast & bacon (#1 special)	\$5.95
2 eggs on a roll or bagel	\$2.50
w/American cheese	\$3.00
w/bacon /ham or sausage	\$3.50
w/bacon & cheese	\$4.00
Whites on a plate w/toast	\$3.95
Whites on whole-wheat toast	\$3.50
w/American cheese	\$4.00
w/turkey bacon	\$4.50
w/turkey sausage	\$4.50
w/grilled turkey	\$5.00
2 Hard-boiled eggs w/toast	\$3.00
2 Poached eggs with toast or bagel	\$3.50

BREAKFAST SPECIALS

SPECIAL #1 2 EGGS ANY STYLE with Bacon, Sausage, Ham or Cheese, Toast & Potatoes ..	\$5.95
(Whites \$1.00 extra • Bagel or Flat \$1.00 extra)	
SPECIAL #2 FRENCH TOAST (Challah Bread)	\$5.95
with Bacon, Sausage or Ham	\$6.95
SPECIAL #3 BUTTERMILK PANCAKES (regular or silver dollar)	\$5.50
with bacon, sausage or ham	\$6.50
SPECIAL #4 EGG WRAP 3 Eggs with 2 fillings	\$4.95
(Cheese, Ham, Bacon, Sausage, Tomato, Turkey, pastrami, mushrooms, spinach, onions, etc.) (3rd Filling \$.50 extra)	
SPECIAL #5 NOVA LOX & CREAM CHEESE on bagel with onion & tomatoes	\$7.95
SPECIAL #6 BOSS'S SPECIAL (Whites \$1.00 extra) Wrap or Roll	\$4.95
Lots of crispy Bacon chopped up mixed together with Eggs, scrambled soft & fluffy	
SPECIAL #7 POTATOES, EGGS & ONION HERO ...	\$5.95
Served on Crispy Semolina Bread	

OMELETTE PLATTERS

Served with Side of Potatoes or Lettuce and Tomato and Toast
Bagel/Flat \$1.00 extra

American, Swiss or Cheddar Cheese (One filling)	\$6.95
Western Omelette (Green Peppers, Ham & Onions)	\$7.95
Spanish Omelette (Onions, Tomatoes, Potatoes)	\$7.95
Greek Omelette (Spinach & Feta)	\$7.95
Grilled Veggies (Zucchini, Eggplant, Mushrooms & Tomatoes) ..	\$8.95
Tuscan (Mozzarella, Roasted Tomatoes and Fresh Basil)	\$7.95

CREATE YOUR OWN OMELETTE

Served with Side of Potatoes and Toast

Choose any three (3) fillings

CHEESES

AMERICAN • SWISS • CHEDDAR • PROVOLONE • MOZZARELLA • FETA

VEGETABLES

SPINACH • TOMATOES • MUSHROOMS • PEPPERS • ONIONS

MEATS

HAM • BACON • TURKEY • SAUSAGE • PASTRAMI
TURKEY SAUSAGE • TURKEY BACON

PANCAKES

3 Large Buttermilk or Silver Dollar	\$5.50
With Blueberries, Bananas	
Strawberries or Chocolate Chips	\$6.50

FRENCH TOAST

Prepared with our own fresh baked challah bread	\$5.95
W/bacon, ham, sausage	\$6.95
We take special requests for whole-wheat french toast ...	\$5.95

COFFEE/ BEVERAGES

FRESH COFFEE/TEA	
Reg. (10 oz) \$1.25 • Med. (16 oz) ... \$1.75 • Lg. (20 oz) ... \$2.00	
HAZELNUT	
Reg. (10 oz) ... \$1.50 • Med. (16 oz) ... \$1.75 • Lg. (20 oz) ... \$2.50	
CAPPUCCINO (Reg. - French Vanilla)	
Reg. (12 oz) \$1.50 • Med. (16 oz) ... \$1.75 • Lg. (20 oz) ... \$2.50	
ICED COFFEE (Served all year long!)	
Reg. (16 oz) \$1.95 • Med. (20 oz) ... \$2.50 • Lg. (24 oz) ... \$2.95	
ICED HAZELNUT & ICED CAPPUCCINO	
Reg. (16 oz) \$1.95 • Med. (20 oz) ... \$2.50 • Lg. (24 oz) ... \$2.95	
HOT CHOCOLATE	
Reg. (12 oz) \$1.50 • Med. (16 oz) ... \$1.75 • Lg. (20 oz) ... \$2.50	
TROPICANA JUICES (14 oz)	\$1.95
Orange, Ruby Red Grapefruit, Orange Tangerine, Orange Pineapple, Orange Strawberry Banana & Apple Juice	
CANNED SODA	
Coke, Diet Coke, Ginger Ale, Sprite, Diet Sprite & Seltzer (12 oz)	\$1.25
SNAPPLE (16 oz)	\$1.95
POLAND SPRING WATER	
(16 oz) \$1.00 (24 oz)	\$1.25
V-8 JUICE	\$1.95
CRANBERRY JUICE (Ocean Spray)	\$1.95
NESQUIK/YOO HOO	\$1.95
VITAMIN WATER	\$1.95

SPECIAL TREATS

YOGURT PARFAIT	\$4.95
Low-fat strawberry yogurt, fresh cut-up fruit, topped with granola.	
SMOOTHIE	\$4.95
Mixed fresh berries blended with low fat yogurt	
FROZEN "HOT" CHOCOLATE	\$4.50
Rich chocolate drink by Ghirardelli's, the finest chocolate company in the U.S.!	



Order ahead
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easy pick up